



# Macarthur District Soccer Football Association Inc.

## MDSFA SSG FORMATS AND RULES

PLAYING FORMAT	UNDER 6 & 7
No. of players	4 V 4
Coach on field during play	Yes
Field size	Length 30m Width 20m
Field markings	Markers or line markings
Penalty area	No
Goal size	Width 1.5 – 2.0m Height 0.9 – 1.0m
Goal type	Portable goals or poles or markers
Ball size	Size 3
Goalkeeper	No
Playing time	2 x 15 mins
Half time break	5 mins
Referee	Game leader
Points table	No
Interchange players	No limit
Throw in	No
Corner kick	No
Offside	No
Free kicks	All Indirect

### Field of Play markings

Where possible and practical, there should be a semi circle in place around each goal. This area will be determined a no go zone for all players. The circle should be no more than 3 metres in diameter

### Start of play and restart after a goal

Pass the ball forward to a team mate from the middle of the half way line. All players must be in their own half of the field of play. Opponents must be at least 5m away from the ball until it is in play. The ball must touch a team mate before a goal can be scored.





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# Macarthur District Soccer Football Association Inc.

## **Ball in and out of play**

The ball is out of play when it has wholly crossed the goal line or the side line either on the ground or in the air or when the game has been stopped by the game leader or instructing referee.

In the event the ball is kicked out across the goal line the attacking side shall retreat to the halfway line allowing the team defending every opportunity to counter attack.

## **Ball crossing the touch line**

There is no throw in. A player from the opposing team to the player that touched the ball last before crossing the touch line will place the ball on the touch line and pass or dribble the ball into play. Opponents must be at least 5m away from the ball until it is in play. The ball must touch a team mate before a goal can be scored.

## **Ball crossing the goal line**

There is no corner kick. Regardless of which team touched the ball last, a player from the team whose goal line the ball has crossed will place the ball anywhere along the goal line and pass or dribble the ball into play. Opponents must retreat to the half way line and can move once the ball is in play. The ball must touch a team mate before a goal can be scored.

## **Method of scoring**

A goal is scored when the whole of the ball crosses over the goal line between the goal posts and under the cross bar. When portable goal posts are not available and cones or poles are used a goal is scored when the ball passes between the markers without touching them, below shoulder height of the player.

## **Goalkeeper**

No Goalkeeper. The game leader, coaches and managers should continually discourage children from permanently standing in front of the goal.





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# Macarthur District Soccer Football Association Inc.

## Fouls and misconduct

Indirect free kicks are awarded for all acts of handball and fouls and misconduct. Opponents must be at least 10 metres away from the ball when an indirect free kick is taken. *Where a free kick is awarded within 10 metres of the goal line, the referee shall move the free kick to a point no closer than 10 metres out from the goal line. Both defending and attacking players shall be permitted to stand 5 metres away from where the kick is to be taken but are not permitted to stand in or enter the penalty area.*

A goal can only be scored following an indirect free kick if it touches another player.

Reasons to award an indirect free kick are:

- Kicks or attempts to kick an opponent
- Trips or attempts to trip an opponent
- Jumps at an opponent
- Charges at an opponent
- Strikes or attempts to strike an opponent
- Pushes an opponent
- Tackles an opponent from behind to gain possession of the ball
- Makes contact with the opponent before touching the ball
- Holds an opponent
- Spits at an opponent
- Handles the ball deliberately
- Plays in a dangerous manner
- Impedes the progress of a player
- Failure of a player to retreat beyond halfway





## Macarthur District Soccer Football Association Inc.

PLAYING FORMAT	UNDER 8 & 9
No. of players	7 V 7
Field size	¼ Full size pitch Length 40m – 50m Width 30m – 40m
Field markings	Markers or line markings
Penalty area	5-6m width x 3-4 m deep
Goal size	Width 2.5 – 3.0m Height 1.8 – 2.0m
Goal type	Portable goals or Poles or markers
Ball size	Size 3
Goalkeeper	Yes
Playing time	2 x 20 mins
Half time break	5 mins
Referee	Instructing referee
Points table	No
Interchange players	No limit
Throw in	Yes
Corner kick	Yes
Offside	No
Free kicks	All Indirect

### Field of Play markings

Where possible and practical, there should be a circle around the centre point of the field. This should be 10 metres in diameter. Where there are no centre markings, it shall be at the discretion of the referee as to how far back the opposing players shall retreat for a kick off starting play.

Goal mouths shall have a rectangle area with a maximum size of 6m x 4 m. Attacking and defending players shall not be permitted in this area at any time. Any breach will result in an indirect free kick to the opposing team. Goalkeepers are encouraged to play the ball back into play following a save by throwing the ball over arm or rolling to a team mate or from a place kick on the ground within the goal area





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# **Macarthur District Soccer Football Association Inc.**

## **Start of play and restart after a goal**

Pass the ball forward to a team mate from the middle of the half way line. All players must be in their own half of the field of play. Opponents must be at least 5m away from the ball until it is in play. The ball must touch a team mate before a goal can be scored.

## **Ball in and out of play**

The ball is out of play when it has wholly crossed the goal line or the side line either on the ground or in the air or when the game has been stopped by the game leader or instructing referee.

In the event the ball is kicked out across the goal line the attacking side shall retreat 10 metres allowing the team defending every opportunity to counter attack.

## **Method of scoring**

A goal is scored when the whole of the ball crosses over the goal line between the goal posts and under the cross bar. When portable goal posts are not available and cones or poles are used a goal is scored when the ball passes between the markers without touching them

## **Goalkeeper**

The goalkeeper is allowed to handle the ball anywhere in the penalty area. To restart play after a save or gathering the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet, within 6 seconds. The goalkeeper is not allowed to kick or drop kick the ball directly from their hands. Opponents must be at least 5m outside the penalty area, the ball is in play once it moves out of the penalty area. An indirect free kick is awarded if the goalkeeper touches the ball with his hands after it has been deliberately kicked to him by a team-mate.





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For deliberate or serious acts of handball or fouls and misconduct in the penalty area, a penalty kick is awarded from an 8m penalty mark with only a goalkeeper in position. All other players must be outside the penalty area and be at least 5m behind the penalty mark.

A goal can only be scored following an indirect free kick if it touches another player.

Reasons to award an indirect free kick are:

- Kicks or attempts to kick an opponent
- Trips or attempts to trip an opponent
- Jumps at an opponent
- Charges at an opponent
- Strikes or attempts to strike an opponent
- Pushes an opponent
- Tackles an opponent from behind to gain possession of the ball
- Makes contact with the opponent before touching the ball
- Holds an opponent
- Spits at an opponent
- Handles the ball deliberately
- Plays in a dangerous manner
- Impedes the progress of a player
- Enter the penalty or goal mouth box

